



BREAKFAST MENU ANN JERKINS-HARRIS ACADEMY OF EXCELLENCE

SEPTEMBER | 2024



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---------------------------------------|--|--|---|---|----------|
| 1 Menu subject to change based on availability | 2 LABOR DAY NO SCHOOL | 3 PANCAKES SAUSAGE APPLE JUICE MILK | 4 CEREAL MILK ORANGE JUICE | 5 WAFFLE SYRUP APPLESAUCE MILK | 6 CEREAL BARS MILK GRAPE JUICE | 7 |
| 8 | 9 POPARTIS MILK APPLE JUICE | 10 FRENCH TOAST STICK SYRUP MILK FRUIT CUP | 11 CEREAL GRAPE JUICE MILK | 12 PANCAKES SYRUP MINI BANANA MILK | 13 WW DOUGHNUT FRUIT CUP MILK | 14 |
| 15 | 16 CEREAL ORANGE JUICE MILK | 17 PANCAKES SYRUP APPLE JUICE MILK | 18 BLUEBERRY MUFFIN APPLESAUCE MILK | 19 POP-TART, CINNAMON, KEEBLER GRAHAMS JUICE | 20 SAUSAGE/EGG/ CHEESE/POTATO BREAKFAST BITES ORANGE JUICED MILK | 21 |
| 22 | 23 POPARTIS MILK APPLE JUICE | 24 WAFFLE SYRUP APPLESAUCE MILK | 25 CEREAL MILK ORANGE JUICE | 26 CEREAL BARS MILK GRAPE JUICE | 27 PANCAKES SAUSAGE APPLE JUICE MILK | 28 |
| 29 | 30 CEREAL ORANGE JUICE MILK | 5-12-year-old: Fluid milk or juice (1 cup), Vegetable, Fruit or Portion of Both (1/2 cup), Grain/Bread (1 slice or full bun) Cooked Cereal and or Pasta (1/2 cup) | | | | |